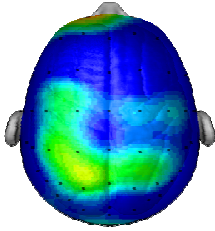
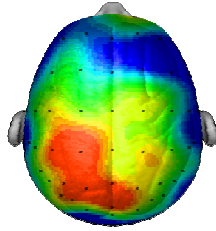


Average composite of 20 student  
brains taking the same test

Brain after sitting quietly



Brain after 20 minute walk



Slide compliments of Dr. Chuck Hillman University of Illinois

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